### **Technique Quality**

#### Posture

General posture of the two dancers, as well as the dynamic posture - the position of the body and all of its parts during all movements.

#### Dance Holds

The contact points, handholds and the way these move in relation to the couple.

#### Balance

The conditions of stability (indicating the capacity of equilibrium) of the two dancers both in static positions and dynamic movement.

#### **Foot Actions**

The way in which the feet are both moved and placed on the floor, including the alignment and shaping of the feet and ankles.

#### Latin Actions

The correct execution of all dance specific actions described in the WDSF technique book in particular.

#### **General Actions**

The ability to create general dance actions: stretching, bending, turning, stillness, balancing, over balancing, leaning, traveling, jumping, gesturing and transferring of weight.

#### Preparation - Action - Recovery

The ability of the dancer to initiate, execute and finish a figure and combine this with the following movement efficiently.

#### **Spins and Turns**

Execution of continuous spins, three step turns and other turning actions with an increased amount of turn

### Isolation / Coordination

The capability of each dancer to produced isolated actions in different areas of the body (actions that are not creating distortions in other areas) and combine them in coordinated movement.

### **Skilled Figures**

Abilities in executing figures with high degree of difficulties that require additional demanding skills.

#### Dynamics

The capability of each dancer to produced actions associated with the use of Weight, Time, Direction and Energy.

### **Lines and Extended Lines**

Ability to create lines and shapes at the end of a movement, figures or a section of choreography.

### Movement to Music

## Timing / Shuffle Timing

The ability of the dancers to match actions/movements with the tempo of the music.

#### Rhythm

The ability of the dancers to match their steps to the rhythmical structure of the music.

#### **Musical Structure**

The ability of the dancers to dance to all other elements of the music (Phrase, Melody, Chorus, Intensity, etc.).

# **Partnering Skills**

### **Physical Communication**

Use of body action to indicate intentions through physical contact.

## Overbalance / Counterbalance / Holds / Drops

The use and coordination of connection in movements, figures and lines where one or both partners are not on their own balance.

### Use of Space

The management of the space between partners to allow efficiency in execution of movement.

### Synchronization

The timing and synchronization of steps that are mirrored, danced side by side, or timed together.

### Consistency

The ability of the dancer to maintain partnering skills throughout the performance.

# **Choreography and Presentation**

### **Structure and Composition**

The composition of dance figures, timing, use of space, partnering and varying degree of difficulties within a dance.

#### Non Verbal Communications

Ability in producing relevant non verbal communications to communicate with audience and partner.

### Positioning, Floor Craft

The choice of position to perform the choreography and use of available space to perform choreography.

### Characterization

The ability to demonstrate the characteristics of each dance through the application of dance movement and expression.

### **Energy Application**

The ability of the dancer to create, apply and maintain effort during the performance.

### Atmosphere